

Ghulam Mustafa



To inspire and serve as a role model to children in achieving fitness and good health to become a part of the pool of esteemed educators at a well know university to promote physical fitness in the school and the community to mentor obese children and get them in to fitness and healthy living.

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EDUCATION	UNIVERSITY/BOARD	DIVISION/GRADE	YEAR OF PASSING
MPEHSS (Master In Physical Education)	University Of Sindh Jamshoro	1st Class	2019
BPEHSS (Bachelor In Physical Education)	University Of Sindh Jamshoro	1st Class	2017
BSIT (Bachelor In Information & Communication Technology)	Sindh Agriculture University Tandojam	1st Class	2016
B.Com (Bachelor In Commerce)	University Of Sindh Jamshoro	2nd Class	2015
Intermediate	B.I.S.E Hyderabad	1st Class	2011
Matriculation	B.I.S.E Hyderabad	1st Class	2009

JOB EXPERIENCE

- Math And ICT Teacher in RPS School Tandojam Hyderabad from August 19, 2016 to September 1, 2018.
- PE Teacher in BHP School Hyderabad from November 12, 2018 to Present.

SPORTS ACTIVITY

- Participated In International Junior Football Championship China (2018)
- Participated In Sindh Games (2018)
- Participated In First Provincial Quaid-e-Azam Games (2016)
- Participated In All Pakistan Inter University Tug Of War Championship (2015)
- Participated In All Pakistan Inter University Handball Championship (2015)
- Participated In All Pakistan Inter University Netball Championship (2012-2015)
- Participated In All Pakistan Inter University Wushu Championship (2015)
- Participated In All Pakistan Inter University Judo Championship (2013-2015) and (2017)
- Participated In All Pakistan Inter University Athletics Championship (2014-2015)
- Participated In All Pakistan Inter University Jujutsu Championship (2013-2014)
- Participated In All Pakistan Inter University Football Championship (2014-2015) (2017-2018)
- Participated In All Pakistan Inter University Cricket Championship (2012-2015)
- Participated In All Pakistan Inter University Hockey Championship (2011-2015) (2017-2018)
- Participated In All Pakistan Feet ball Championship (2014)
- Participated In All Inter District Senior Cricket Tournament (2014-2015)
- Participated In All Inter District Hockey Junior Championship (2010-2011)
- Participated In Inter Collegiate Hockey Tournament (2010-2011)
- Participated In Inter Collegiate Cricket Tournament (2010-2011)

PERSONAL INFORMATION

- Father's Name : Kaleem Ahmed Rasheed
- Date of Birth : 19-07-1994
- N.I.C. No. : 41303-47353197-7
- Passport No. : F0742580
- Nationality : Pakistani
- Marital Status : Single
- Languages : English ,Urdu, Sindhi

LANGUAGES PROFICIENCIES

LANGUAGE	UNDERSTANDING	SPEAKING	WRITING
Urdu	Excellent	Excellent	Excellent
English	Excellent	Excellent	Excellent
Sindhi	Good	Good	Good

RESPONSIBILITIES

- Encourages students to participate in physical activity even outside of the physical education (PE) class
- Motivates children to be active in sports activities of the school and other activities of the community
- Serves as a role model or lead by example in terms of physical fitness and attitude
- Plans and leads school's activities and programs in physical fitness programs
- Coordinates with other teacher to promote opportunities for physical activity in the school and community
- Assisting supervising and coaching the school's basketball and football team
- Provide other engaging activities to the student
- Sits on school committees
- Assist the school administration with other school activities , events, and campaigns

STRENGTHS

- Great passion and respect for sports and outdoor activities
- Ability to coach different children
- Excellent interpersonal and leadership skills
- Highly organized and dedicated to work
- Goal oriented and resourceful
- Great communication skills
- Outstanding problem solving skills
- Receptiveness to new ideas and other people's insights
- Great time management skills
- Outgoing and friendly personality

COURSES / SEMINAR / WORKSHOP

- Throwball Coaching Course
- Fitness Management Course
- Preventing Childhood Obesity Training Workshop
- Healthy And Safety Awareness
- Basic Occupational Safety And Health
- Health Related Fitness Program
- Ipv6- The Next Generation Protocol
- Intrusion Detection System
- Introduction To The Internet Protocol

COMPUTER PROFICIENCY AND SKILLS

- Proficiency In Microsoft Office (Word , Excel , PowerPoint)
- DATABASE: (Oracle, Relational Database)
- LANGUAGES: (Visual Basic, HTML, CSS, C, C++, SQL, PHP, Java)
- OPERATING SYSTEMS: (Microsoft Windows server 2003-2008, Linux)
- TOOLS: (TCP/IP, STP, SMTP, HTTP, SSH etc.)
- Linux Servers (Red hat, Fedora, Centos and Ubuntu) with configuration of NFS, SAMBA, Apache, NIS, SQUID, BIND, DHCPD, VSFTPD, SSH, SCP, SFTP, MySQL, Lighttpd, Nginx
- Microsoft Windows Servers with ISA server experience to configure and work on Linux web based tool such as Webmin